



OCTOBER 100-MILE RUN WALK CHALLENGE

#RunningWithCurves



DATE	DAILY DISTANCE	TOTAL DISTANCE	COMMENTS
Oct 1			
Oct 2			
Oct 3			
Oct 4			
Oct 5			
Oct 6			
Oct 7			
Oct 8			
Oct 9			
Oct 10			
Oct 11			
Oct 12			
Oct 13			
Oct 14			
Oct 15			
Oct 16			
Oct 17			
Oct 18			
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Oct 20			
Oct 21			
Oct 22			
Oct 23			
Oct 24			
Oct 25			
Oct 26			
Oct 27			
Oct 28			
Oct 29			
Oct 30			
Oct 31			